

The **TRIO PROGRAM** offers free individual support and resources to help you achieve your dreams. *As a member, you will have available to you the following opportunities:*

1. Access to a **TRIO Advisor** to clarify your goals and identify any supports you may wish to pursue. The ability to speak with your TRIO Advisor each semester to discuss how you are doing and consider any further needs or preferences you would like to address.
2. The ability to join the **TRIO community** and connect at any time within **TRIO Without Walls**, our virtual space (open 9-5, Monday-Friday).
3. Access to **TRIO Talks, Programs, and Special Events** each semester. See offerings on our TRIO Facebook and Moodle pages.
Including: Planning and Organizing Your Time and Materials, Developing Study Skills and Employing Strategies for Learning, Establishing and Maintaining a Growth Mindset, Preparing for Tests and Exams, etc. You will have the freedom to choose the workshops you believe will benefit you the most.
4. Take advantage of **TRIO Cultural Events and 4-Year College Tours** each semester—there will be many from which to choose. TRIO will organize virtual visits, or cover the cost and transportation to these special extra-curricular activities for all members who wish to pursue them.

Please note: These are **opportunities** that, proven by experience, have a positive impact on members' success while they are students in college and after graduation.

THE TRIO CENTER – An inviting place to study, engage with your fellow TRIO members, and meet with staff. Individual and group spaces are completely refurbished with all new: computer work stations featuring a variety of useful software, large screen monitors, and office chairs; carrels with modern adjustable lighting; round and oblong tables with plenty of seating; and a wall-mounted flat screen TV for projecting visuals. Staff's comfortable private offices allow sensitive information to be shared while remaining strictly confidential.

SUPPLEMENTAL TUTORING – Individual and group tutoring is available in many subjects including math, writing, and communications (all are requirements for an Associate's degree), and can complement assistance you may receive from the Tutorial Center at BCC. You can schedule appointments that are convenient for you or come by for Drop-In sessions that take place every week.

HELP WITH FINANCIAL AID – TRIO provides assistance with completing the Free Application for Federal Student Aid (FAFSA) and scholarship application forms.

PROGRESS REVIEWS – Regular examination of your Degree Audit with your TRIO advisor's assistance will help you stay on-track toward finishing your graduation requirements and putting yourself in a position to transfer having completed the maximum number of prerequisites and course equivalences accepted by the four year program of your choice.

FREE LIFE SKILLS WORKSHOPS – Our TRIO Talks also cover such topics as Minimizing Your Stress, Maintaining Healthy Relationships, Managing Your Finances, and Improving Your Credit Scores—along with many more.

LETTERS OF REFERENCE – TRIO staff gladly provide letters of reference for scholarship and transfer applicants who are active and well-known members of the program.

EMERGENCY COMMUNICATION AND MEDIATION – We can help contact instructors and other campus community members when emergencies crop up, and we can act as mediators to help members resolve a variety of issues when they arise.

TRANSFER COUNSELING SUPPORT – To supplement the services provided by the BCC Transfer Counselor, TRIO offers students assistance in exploring options for transferring to four-year schools, including scheduled visits to area colleges and universities such as MCLA, UMASS, Westfield State University, Mt. Holyoke, and Smith College.

CAREER COUNSELING ASSISTANCE – In addition to the services provided by the BCC Career Counselor, the TRIO program can help with choosing a major, searching for internships and jobs, and making decisions about the career path you may wish to follow.

SCHOOL SUPPLIES AND OFFICE EQUIPMENT – TRIO stocks items such as note cards, highlighters, pens, paper, and folders for times when you run out; and implements such as staplers, electric pencil sharpeners, and an automatic hole punch are always on hand for you to use. Graphing calculators and digital recorders are available for loan, as well.

BEVERAGES AND SNACKS – For when you need just a little something to hold you over or perk you up.